**Learning Plan - Special Interest in Diabetes**

The following is a guide to the minimum number you are expected to comfortably achieve over the 6 month placement. We advise you to review this at the mid-point meeting with your supervisor to ensure you are on track.

Use the diabetes SPIN curriculum as your template (ensure to cross reference Kaizen SPIN curriculum with the RCPCH checklist) - you will be able to access all elements of the SPIN during your attachment in Leeds so take full advantage of all the learning opportunities available!

Below are the recommendations for full time trainees (pro-rata if less than full time). Aim to attend 2 diabetes clinics a week when on daytime rota commitments. If you are training in diabetes please give Julie Hobbah and the diabetes consultants your clinic availability for the next 6 months so that extra patients can be booked into clinic as required to help with your training.

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| **Learning Opportunity** | | **When Available** | **Minimum Number**  **(6 months)** |
| **Clinics** | Under 16’s | Monday pm  Tuesday pm  Thursday am  Friday am | 8 |
| CYP 16-19 years | Wednesdays  - 1st Wed pm of month (Dr Ajjan)  - 3rd Wed am of month  (Dr Ajjan) | 3 |
| Non-Type 1 | 1st Friday of month | 1 |
| Annual Review clinic | Thursday pm  (Week 2-4) | 2 |
| Regional Clinic | Thursday am | 1 |
| **Ward Rounds** | Inpatient review with MDT  Independent | All | 12 |
| **MDT Meetings** | Action Log | Tues lunch (1230) | 4 |
| Thurs lunch (1230) | 4 |
| Clinical Governance | 1st Thursday pm of month | 2 |
| **Teaching** | Presentation at clinical governance (e.g. clinical question, interesting case) | 1st Thursday pm of month | 1 |
| Paediatric colleagues/nursing teaching/ward updates  STEPP Teaching | Tues am pre-handover (juniors)  Induction teaching  Ward updates  (liaise with Carole Gelder)  Annual | 1 |
| Teaching patients & families on the ward/clinic | Inpatient reviews  Clinics | 3 |
| **Audit** | Approach team for ideas/NPDA (aim to present at clinical governance) |  | 1 |
| **Other** | Pump Show & Tell | 2nd Wed pm of month | 1 |
| Home/school visit with DSN/dietitian | After newly diagnosed patients discharged | 2 |
| Pump Start | Opportunistic (nurses) | 1 |
| CGM Start | Opportunistic (nurses) | 1 |
| Lab HbA1c teaching | Opportunistic (contact Fiona Babbington) | 1 within SPIN training |
| Research session | Opportunistic (Jane Exall/Rachel Forshaw/James Yong) | 1 |
| Psychology session | Sarah Buggins | 1 |
| Diabetes Holiday | Sheffield team – June (contact early)  Diabetes UK | 1 within SPIN training |
| Retinal screening | Manny Cussins  (Mon-Thurs) | 1 within SPIN training |
| Diabetes Foot Clinic | Manny Cussins  (Mon am, Tues am, Thurs) | 1 within SPIN training |
| **Regional Opportunities** | Y&H CYP Diabetes Network Meeting | 3 monthly – Friday am | 1 |
| Y&H Network Study Day | October | 1 |
| **National &**  **International**  **Educational Opportunities** | ACDC Conference  Diabetes UK  ISPAD  BSPED | February  March  October  November | 1 |

**Formal Trainee Teaching**

We aim to establish a diabetes SPIN teaching timetable based on trainee and team availability looking to cover the following:

* Atypical diabetes - type 2 Diabetes/Steroid induced diabetes/CFRD
* Monogenic diabetes
* Exercise & diabetes
* Technology principles
* Psychology approaches
* Research

Other aspects of the SPIN curriculum can often be covered by taking advantage of the training opportunities highlighted above.